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THE RESTORATIVE REPORT

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Age Gracefully with Science

How Peptides and Niacin Reinforce Body and Mind

The Fraum Center's portfolio of care focuses on the body's ability to rebuild itself, starting with one of its core building blocks, peptides. Peptides combined into proteins slow the aging process, but where many think of anti-aging as it applies to cosmetic outcomes like "fine lines and wrinkles," they're actually responsible for some of the most important processes of health and well-being, making it more possible to "live the life you love."

Reducing the overall signs of aging sounds like a soundbite that one could take or leave but consider how that translates into the body's most crucial functions – immune and gut health, sleep quality, weight loss, sexual function, muscle mass and bone health, hormone levels, and mental health including memory and cognitive functions.

Niacin or B-3 is one of many B vitamins and is the one most known for breaking nutrients down into energy. Treatments with injectables like niacin work not only at the source mental health challenges like anxiety and some cases of depression, it also works its way back through the peptide-affected list:

Niacin breaks down fatty acids reducing cholesterol and enhancing metabolism, improves circulation, balances hormones affecting everything from psychological to sexual performance, joint mobility, and provides the added benefits of being a powerful antioxidant, breaking down fats and releasing toxins.

Not only does treatment involving niacin injections directly affect mental health and function, but each of the areas as secondary influences to the stresses we carry, providing a cellular boost for your overall health.

Live the life you love,



UPCOMING BEYOND STEM CELLS™ SEMINAR DATES

TUES DEC 5TH NOON
SAT DEC 9TH NOON
TUES DEC 12TH NOON
TUES DEC 19TH NOON

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INJECTION DAY AT FRAUM

Dr. H is committed to helping our patients reclaim their active lifestyles, one injection at a time!

