



July 2023

Surgery Canceled

How one patient went from scheduling back-to-back invasive surgeries, to finding complete restoration with the Fraum Center for Restorative Medicine.

Lou Mott suffered a cervical injury in 2002 and has been living in pain ever since. Until he heard about the restorative options at Fraum and changed the trajectory of his journey back to health, strength, and vastly increased abilities.

"I had two consultations for a neurosurgeon in New York to do my next surgery. I was at my wits' end. I was on high doses of hydrocodone for the pain, taking Ambien to sleep, it was a vicious cycle. I found Fraum while I was working out how to go to New York and recover. I saw an ad, looked up the info, and signed up for a seminar. Other doctors had been wanting to do surgery since 2010 and I kept telling them no this whole time. Now – I don't need surgery anymore."

Mott felt a difference in "a few weeks to a month" after he began therapy and now, a year and a half out from starting injections he has "the ability to be on it for a long time and do leg exercises without my knee stopping me or slowing me down."

When he began, "Dr. H. explained the process as my knees and shoulders had the restorative medicine injections. Before, I couldn't reach out and grab a door handle," now he has restored mobility in that shoulder. "The pain is gone, and the arthritis is rectifying itself. With arthritis, when a joint hurts and you feel like there's sand in there, it stops you from doing anything. Now, rebuilding regeneration is what's taking place – that's regenerative medicine."

Find out how you can avoid surgery and find your own path to restoration. To hear more inspiring patient stories like Lou's, visit our webpage: fraum.com/restorative-stories

Live the life you love,

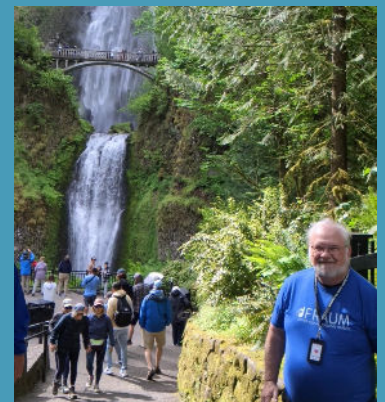
Dr. Brad E. Fraum D.C.



UPCOMING BEYOND STEM CELLS™ SEMINAR DATES

MON JULY 10TH 6PM
TUES JULY 18TH NOON
MON JULY 24TH 6PM
TUES AUG 8TH NOON

SCAN THIS QR CODE WITH YOUR
PHONE TO BOOK YOUR
APPOINTMENT TODAY



FRAUM T-SHIRT CLUB

Check out our patient Jeff enjoying a fun trip to Moulton Falls on the Lewis River...

PAIN FREE!