



THE RESTORATIVE REPORT

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You Know What They Say About Anti-Aging...

Or do you? At the Fraum Center for Restorative Health, we know the difference between reactive, surface solutions and internally restorative health.

ANCIENT HISTORY

Mankind has longed for the proverbial fountain of youth, recorded in the writings of the Greek historian Herodotus as early as the 5th century BC, and all that discovering the "magic solution" entails: vitality, appearance, physical ability, and mental acuity – life.

DICTIONARY DEFINITION

Merriam Webster defines anti-aging as: "Used or tending to prevent or lessen the effects of aging --example: anti-aging skin creams." This is everything that's wrong with the cultural misconceptions around anti-aging medicine as an industry or practice.

HOLLYWOOD

Anti-aging is not what commercials and Hollywood have made it – pills, spas, diets. Even products that work only offer surface solutions, while the true effects of aging run rampant in the body. But "real" anti-aging medicine is very real, thanks to a growing understanding of restorative treatment.

WESTERN CULTURE

The saying "sitting is the new smoking" is forebodingly on target, calling out our sedentary lifestyles. Paired with the failings of Western medicine which takes an almost exclusively reactive approach to health and medical treatment, this recipe for disaster leaves patients in an ever-deteriorating state.

FRAUM CENTER FOR RESTORATIVE HEALTH

Our Center was created to respond proactively to improve the internal health of the body, so the diseased states don't manifest. Our preventative approach adjusts the whole health lifestyle of our patients helping them make daily, healthy choices, and avoid having to take drastic measures.

Our goal is to slow the progression of disease, expanding the concept of antiaging from simply looking good, versus preserving vitality, health, and overall well-being – helping you live younger and longer, feel your best and maintain your health for years to come.

Live the life you love,

Dr. Brad E. Fraum D.C.

UPCOMING BEYOND STEM CELLSTM SEMINAR DATES

TUES NOV 1ST NOON
MON NOV 7TH 6PM
TUES NOV 15TH NOON
MON NOV 21ST 6PM

SCAN THIS QR CODE WITH YOUR
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APPOINTMENT TODAY



PATIENT CORNER

Before finding relief with us, Lou was in constant pain. Today, he's back to living the life he loves!

