



THE RESTORATIVE REPORT

1403 MAIN STREET VILLAGE, HILTON HEAD ISLAND, SC 29926 / O. 843.681.7777 / F. 843.681.7775 / WWW.FRAUM.COM

July 2022

Greater at Every Height

Nothing but the thin air at nearly fourteen thousand feet, where patient Jim Lawrence, age 62, arrived with little to no limitation on a knee that's been through an inordinate number of surgical procedures, and one life changing experience with the Fraum Center for Restorative Health. We're on a mission to help our patients like Jim, *Live the Life you Love*.

Jim's story begins years ago as an Airborne Ranger in the Special Forces. Jim and his wife considered their lifestyle very "active" as they enjoyed years of outdoor activities and adventures; not to mention Jim's physically demanding career.

As someone known to go big or go home, Jim decided he would go **really big**. Like – mountain high big. But with chronic knee issues, twenty-two orthopedic surgeries (five times replaced titanium nail that runs the full length of his femur), Jim knew his knee pain would make the hike up the infamous Machu Picchu in Peru almost impossible.

After much research and his wife attending a Fraum Lecture, Jim was fully educated on the science-facts of restorative therapy and arranged for both knee and shoulder injections to repair the years of damaged tissue. No longer wanting the constant pain nor another failed surgical procedure, Jim booked his appointment knowing that doing nothing would continue to keep them from doing what they desired in life.

Post injections and after completing an 8-week "light activity" healing regiment after receiving his restorative therapy, Jim began slowly pre-training for his Machu Picchu climb. And to much of his joy and surprise, while hiking for nine days and finishing at 13.8 thousand feet altitude, Jim's experienced a stronger knee at each and every height of the climb. He was able to successfully complete a *big* goal.

The difference between time for recovery from surgery versus restorative therapies is night and day. It enables so many everyday patients to be able to live the life they once loved and can love again!

Dr. Brad E. Fraum D.C.

UPCOMING BEYOND STEM CELLSM SEMINAR DATES

TUES JULY 5TH	6PM
TUES JULY 12TH	NOON
MON JULY 18TH	6PM
TUES JULY 26TH	NOON

SCAN THIS QR CODE WITH YOUR
PHONE TO BOOK YOUR
APPOINTMENT TODAY



PATIENT CORNER

Check out Pro-Golfer, Alex Cejka who was back on the green in no time thanks to a chiropractic adjustment from Dr. Fraum!