



## March 2022

### *Restorative Therapies Successfully Fight Illness*

There's a synchronicity to illness – some are prone to being sick often, kids with perpetual ear infections, families circulating the same cold or flu ad nauseum. Questions like "why do I always feel sick" or "where did I pick this up this time" do have an answer, but we're usually looking in the wrong direction. The cause of our battle with disease isn't an external threat – it comes from within. The body's inability to tolerate what we encounter – our weakness when we need the strength to fight off illness – is where the Fraum Center for Restorative Health directs a **restorative** focus.

You may think "catching" the cold or flu is inevitable in due season, but there are steps you can take to stay a step ahead or outrun getting run-down completely by allowing your body to naturally fight off sickness as it was designed to do.

The **Fraum Center** is your first line of defense. We specialize in flipping the script, setting up your immunity with such a strong **offense** that you're less susceptible to "invasive agents" like the viruses and other disease organisms you're bound to encounter.

Imagine the analogy: In Hilton Head we're used to seeing carrion birds circling where something is deteriorating. They're a nuisance and an eyesore. You can remove the birds, but they'll return, with friends. General medical care aims at the birds – bacteria, viruses, infection. Leaving the "roadside deterioration" intact will only bring more birds, more sickness, probably stronger strains and highly resistant to the "same old" treatment. It's a battle you're going to lose.

Our mission turns the focus and approach toward the actual cause, providing "healthcare instead of sick care." Disease occurs in the absence of a healthy functioning body. Health occurs when we are free of nerve interference between our brain and the rest of our body. The vital nutrients needed for this communication are depleted and drained daily due to stress, injuries, chronic conditions, toxins, and more.

**Continued on backside...**

**"To love life is a natural consequence  
of good health." - Dr. Brad Fraum, DC**

### UPCOMING BEYOND STEM CELLSTM SEMINAR DATES

TUES MARCH 1ST	NOON
MON MARCH 7TH	6PM
TUES MARCH 15TH	NOON
TUES MARCH 22ND	NOON
MON MARCH 28TH	6PM

SCAN THIS QR CODE WITH YOUR  
PHONE TO BOOK YOUR  
APPOINTMENT TODAY



### PATIENT CORNER

Never too old to show off his muscles & living his best life ever is Dr. Fraum's 90-year-old Dad! Share your pics with us on social media or email.

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## Continued: Restorative Therapies Successfully Fight Illness

This creates symptoms like fatigue, inflammation, weight gain, and general pain and discomfort. It's easy to think "it is what it is" – it's just a part of getting older – but these are warning signs that your body needs help. Your body is capable of naturally restoring itself. It just needs a boost.

**Sick Care:** Antibiotics kill bacteria, but don't improve body or immune function, and repeat antibiotic therapy degrades the immune system and lessens overall well-being.

**Health Care:** Nutrient-rich foods and vitamin-rich supplements are not enough. For 100% absorption of needed vitamins and nutrients, you need to bypass the stomach and go right to the bodily systems. **IV Nutrition Vitamin Drips** provide higher vitamin and nutrient levels for an immediate boost of energy lasting up to 24-48 hours and are customized to individual health goals.

**IV Nutrition** treatments bolster stronger immunity, combat issues with malabsorption, reduce inflammation, provide restorative support, improve cardiovascular health, manage difficulties like headaches, body aches, fatigue, and dehydration, revert the effects of aging on hair, skin, and nails, and speed the recovery process.

**IV Vitamin Drips** are just one option on the menu of ways we serve our clients with cutting-edge alternative approaches to averting diseases and ailments. Our practice educates patients on how their body can heal naturally. We teach you how to build and maintain optimum health, living in your maximum vitality. We deliver personal, goal-oriented treatment plans designed to relieve pain and restore function all experienced through excellent service and customized care.

If the last two years have taught us anything, it's that health should be our number one priority. 2022 at the Fraum Center for Restorative Health finds our team doubling down on our commitment to help our community and invite you to reverse your chronic conditions and eliminate your pain with our lifesaving, cutting-edge treatments.

Contact us today to begin a natural and restorative journey to strengthening your body.

Optimal Health and well-being to all in 2022 and into the future,

*Dr. Brad E. Fraum D.C.*



Team Fraum 2022

**"The longer I live  
the more beautiful  
life becomes."**

-Frank Lloyd Wright